

THE NAKED TRUTH

WHAT ARE YOU LOOKING AT?

MIDDLE SCHOOL | FEBRUARY 16TH

Introduction

- We are free to watch, look at, and search up anything our heart desires.
- Sometimes we don't realize the effect that watching unhealthy content can have on our lives.
- The "freedom" to watch whatever we want can become slavery if we aren't mindful of what God wants in our lives.
- Our world has become increasingly sexualised. People's bodies are now used to sell products in commercials, movies involve attractive actors to bring people in, models who aren't "good looking enough" are simply photoshopped to look how the brand wants, and revealing photos and videos are now accepted and even encouraged.

Scripture

- 1 Corinthians 6:12 - "You say, I am allowed to do anything" - but not everything is good for you. And even though "I am allowed to do anything," I must not become a slave to anything."
- 1 Corinthians 6:18 - "Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body."

What God says about sexual sin/pornography

- As Paul talks about, God has granted us freedom to make our own choices, we have the ability to choose what we watch, but that doesn't mean that every free choice will lead to life abundantly.
- God says to run from pornography and sexual sin and into the arms of Jesus!
- We are loved! No matter what we have done or watched, shame is a tactic of the enemy, not God. God says that there is mercy and abundant grace for His children who have walked down a sinful road.

The Importance of Community

- Our leaders are here for our students, to talk with them and help them navigate the most difficult decisions.
 - Whether a student has never been exposed to pornography, watched it once, or currently struggles with pornography, our trusted leaders are ready to help students overcome what they're going through by pointing them to Jesus.
- When we surround ourselves with like-minded people, that helps us make our way through tempting times. When we live in relationship with Jesus and those who love Jesus, we send a message to God that says, "My individual body is not mine. It's your creation God to be used for your purposes," and when we have that attitude, the temptations and the desires that we have will start to be transformed, and instead of our own desires and temptations coming out of us, God's desires will begin to flow out of us.

Conclusion

- There is no magical way to avoid the temptations we'll experience when it comes to our sexualised world, unfortunately its everywhere, movies, TV shows, commercials, and pornography itself. The only way to change our hearts desires is to pursue Jesus himself, he the heart shifter and desire maker. God will keep you strong until the end if you allow Him too, not through perfection, but through perfect grace.