



## Live Out Loud

### Jesus is Tempted in the Desert

**BIG IDEA:** Jesus said “no” to sin, and so can we.

**BIBLE BASIS:** Luke 4:1–13

**KEY VERSE:** God is faithful. He will not let you be tempted any more than you can take.  
1 Corinthians 10:13 (*NirV*)

### SMALL GROUP CONNECT

#### SOUND EFFECTS FACTORY

**Directions:** Explain to the kids in your group that during the “Live Out Loud” series, they’re going to be providing sound effects for the Big Bible Story. For today’s story, kids will be providing the sounds for the following:

- Sizzle (“tssss”)
- Wind Blowing
- Stomach Growling
- Crowd Cheering

Practice the sounds ahead of time with your group. If you would like to make a competition out of it, have the kids go one at a time and then announce who you thought performed the best sound. Tell them to be prepared to do their sounds later during the Big Bible Story. When finished, ask the following questions:

**Question:** I will give an epic High-Five to the person who makes the goofiest sound effect. Who wants to show us a goofy sound effect?

**Question:** Have you ever done the wrong thing, and you knew it was the wrong thing, but you did it anyway? Why did you do it? What happened?

#### ADDITIONAL TIME ACTIVITY—THUMBS UP, THUMBS DOWN

If you have additional time before Large Group begins, play “Thumbs Up, Thumbs Down.” Simply ask the kids in your group to share one good thing that happened this week (thumbs up) and one not-so-good thing (thumbs down). This is a great way for your group to share celebrations and struggles with one another.





## ★ LARGE GROUP LESSON

## ★ SMALL GROUP ACTIVITIES

### THE BIG BIBLE STORY QUESTIONS

#### For Younger Kids:

1. What did you find interesting about this story?
2. What did Jesus do that helped Him say no to sin?

#### For Older Kids:

1. What do you think this story teaches us about Jesus?
2. Why do you think Jesus repeated scripture every time Satan tempted Him?

### Temptation Tug-Of-War (Application Activity)

**Say:** Today we talked about how Jesus said no to sin. We can say no to sin, too, but let's face it—we make wrong choices every day. What are some sins that kids your age are tempted with? *(Allow kids to answer. Make a list on a piece of paper and place it where the kids can see it. This list will be used during the game.)*

We're not perfect, but there are things we can do to help us make the right choice and say no to sin. Here are four things we can use to help us say no to sin. Pay attention because knowing these will help you in our game! *(Pull out the "Say No to Sin" cards.)*

- First, we can use the **Bible** *(Hold up the "Bible" card)*. How can the Bible help us say "no" to sin?
- We can use **Prayer** *(Hold up the "Prayer" card)*. How can prayer help us say "no" to sin?
- We can also use **People** *(Hold up the "People" card)*. Who are some people that can help us say "no" to sin? How can they do that?
- Another thing we can do is just **Walk Away** *(Hold up the "Walk Away" card)*. How can walking away from a tempting situation help us say no to sin?

**Directions:** Divide your group into 2 teams. Place 2 paper plates (one for each team) on the floor about 6–8 feet apart. Have each team choose one kid to stand on their plate. Give each kid on a plate the end of a rope. When you say "go," the two kids will have to pull on and/or release the rope in an attempt to make their opponent lose balance and step off of their plate. The last kid to step off of the plate wins.

Have the winning team choose one of the tempting situations that the group brainstormed earlier. The losing team will then have to choose one of the four ways to say "no" to that sin and tell the other team how they would use it to resist the selected temptation. Make sure the groups are being as specific as they can with their answers. For example, if the winning team chooses cheating as a tempting situation,





the losing team would need to say more than just “use the Bible.” They would need to think of a verse from the Bible that would help them in that moment. Continue playing rounds until all of the temptations have been discussed.

### **METEOR SHOWER** (Bible Memorization Activity)

**Set up:** Use tape to create a square on the floor that is about 8 feet (2.5 meters) in width. Crumple 10 pieces of paper into balls.

**Directions:** Place the Bible verse sign in the middle of the group and read it carefully with your kids several times so they can begin to memorize it. Today’s Bible verse says:

**“God is faithful. He will not let you be tempted any more than you can take.”  
1 Corinthians 10:13**

When ready, have the kids stay seated but spread out within the square. Tell them that the square is their space station and the crumpled pieces of paper are meteors. Their mission is to protect the space station from getting hit by the meteors. Count to 3 and throw all 10 meteors simultaneously into the air above the space station. The kids will have to catch or swat the meteors out of the air, but some meteors will inevitably get through. Once a meteor has touched the floor, it cannot be moved. Count how many meteors landed in the space station and have the group recite the verse together that many times. Continue playing rounds for as long as you would like.

**Note:** Depending on the number of kids in your group, you may want to adjust the number of meteors up or down.

**Question:** If God doesn’t let Satan tempt you more than you can take, why do we still do the wrong thing sometimes?

### **PRAYER CHARADE** (Group Prayer Activity)

**Directions:** Tell the kids in your group to think of something they’re thankful for. Have the kids take turns silently acting out what they’re thankful for while the rest of the group guesses what it is. When everyone has had a turn, open the kids in prayer by saying “thanks” to God for something you are thankful for. Following your prayer, allow the kids who are comfortable praying out loud to do the same. When everyone is finished, close the group in a final prayer.

